

## Little Busy Bees Daycare Sleeping Agreement

At Little Busy Bees Daycare, we prioritize the health, safety, and comfort of every child in our care. To ensure a consistent and restful sleep environment for your child, we have outlined our sleeping policy and procedures. Please review and complete the agreement below to help us maintain the best sleep routine for your little one.

### Child's Information

Child's Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Parent/Guardian's Name: \_\_\_\_\_

Contact Number: \_\_\_\_\_

### Nap Schedule:

1. Preferred Nap Time:  
Morning Nap (Time): \_\_\_\_\_

Afternoon Nap (Time): \_\_\_\_\_

2. Length of Nap:  
Preferred nap duration: \_\_\_\_\_ (hours/minutes)

3. Sleep Preferences:  
Please list any specific sleep habits or preferences your child has:

(e.g., pacifier, blanket, specific sleeping position, etc.)

### Daycare Sleep Policy:

1. Sleep Environment Options (Please Choose One):
  - ☐ Crib: For infants and younger children.
  - ☐ Cot: For toddlers and older children.
  - ☐ Playpen/Pack 'n Play: For infants needing a secure space.

Please indicate your preferred sleeping arrangement above for your child.

2. Safe Sleep Practices:  
We follow safe sleep guidelines, including placing infants under 12 months on their backs to sleep, unless there is a written medical directive stating otherwise. Each child will have their own dedicated sleep space (crib, cot, or playpen), which is sanitized regularly.

3. Blankets, Pillows, and Stuffed Animals:  
For infants, soft objects, loose bedding, pillows, and stuffed animals will not be allowed in cribs or playpens for safety reasons. Parents may provide a fitted crib sheet labeled with their child's name. Crib sheets will be sent home for washing every Friday.

4. Comfort Items:  
If your child uses a pacifier or a specific comfort item (e.g., a small blanket), please indicate it below:

Comfort Item: \_\_\_\_\_

Pacifier: ☐ Yes ☐ No

Note: Pacifiers must be labeled with your child's name.

5. Sleep Environment:  
We provide a quiet, comfortable, and dimly lit area for naps. Soft music or white noise may be played to create a calming atmosphere if needed.

Is white noise/music acceptable for your child during naps?

☐ Yes

☐ No

Parent/Guardian Acknowledgement:

I acknowledge that I have read and understood the sleep policy at Little Busy Bees Daycare. I agree to follow the guidelines for safe sleep practices and provide any necessary comfort items (if allowed) for my child. I understand that my child will be placed on their back to sleep unless a written medical directive is provided. I also understand that crib sheets will be sent home for washing every Friday and returned on Monday.

Parent/Guardian Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Thank you for helping us create a safe and restful environment for your child! If you have any concerns or updates regarding your child's sleep preferences, please let us know.